

Date	Time	Style	Location	Address	Area
DECEMBER					
1 Mon 4 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Mon 4 Dec	20:45-22:15	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Tue 5 Dec	18:15- 20:00	Vinyasa All Levels	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Wed 6 Dec	09:30-11:00	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Wed 6 Dec	18:15-19:45	Yin/Yang	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Thu 7 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Thu 7 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Sat 9 Dec	16:00-17:30	Yoga Basics	Delight Yoga	Weteringschans 53	Amsterdam Centrum
1 Sat 9 Dec	18:15- 19:45	Vinyasa All Levels	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Sun 10 Dec	10:30-12:00	Slow Flow Yoga	Pllek	TT Neveritaweg 59	Amsterdam Noord
1 Mon 11 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Mon 11 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Tue 12 Dec	18:15- 19:45	Yoga Basics	Delighth Yoga	Prinseneiland 20G	Amsterdam West
1 Wed 13 Dec	09:30-11:00	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Thu 14 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Thu 14 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Fri 15 Dec	18:15 -20:00	Vinyasa Beginner	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Sat 16 Dec	08:00 -09:00	Vinyasa All Levels	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Sat 16 Dec	16:00 -17:30	Yoga Basics	Delight Yoga	Weteringschans 53	Amsterdam Centrum
1 Sun 17 Dec	10:30-12:00	Slow Flow Yoga	Pllek	TT Neveritaweg 59	Amsterdam Noord
1 Mon 18 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Mon 18 Dec	19:00-20:30	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Tue 19 Dec	20:15 -21:30	Yoga Basics	Delight Yoga	Weteringschans 53	Amsterdam Centrum
1 Wed 20 Dec	09:30-11:00	Slow Flow Yoga	Lichtcentrum	Schellingwouderdijk 337	Amsterdam Noord
1 Thu 21 Dec	07:00 -08:00	Vinyasa All Levels	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Fri 22 Dec	18:15 -20:00	Vinyasa Experienc	Delight Yoga	Prinseneiland 20G	Amsterdam West
1 Sat 23 Dec	16:00 -17:30	Yoga Basics	Delight Yoga	Weteringschans 53	Amsterdam Centrum
1 Sun 24 Dec	10:30-12:00	Slow Flow Yoga	Pllek	TT Neveritaweg 59	Amsterdam Noord